

 ZZJZ MEĐIMURSKJE ŽUPANIJE DJELATNOST KLINIČKE MIKROBIOLOGIJE	UPUTA ZA UZIMANJE UZORAKA ZA PACIJENTE	Oznaka dokumenta: Obr. 5.4.4/2
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Type of Sample: **URINE**

- For microbiological urine testing, a **midstream sample of the first morning urine** should be collected.
- First morning urine is the urine passed after sleeping for at least 4 hours.
- Before urinating, wash the genital area thoroughly with soap and water. Do not wipe or dry afterward.
- Pass the first portion of the urine into the toilet, as it is contaminated with the normal flora of the urethra and skin (i.e. bacteria from the beginning of the urinary tract and the skin of the genital area).
- Collect the midstream portion in a sterile container.
- Carefully close the container, making sure not to touch the inside of the container or lid with your hands.
- Wash your hands with soap and water.
- Bring the sample to the laboratory within two hours of collection, or store it in the refrigerator and deliver it to the laboratory on the same day.